Innovation in Tier III Supports: How School & Mental Health Providers Pivoted to Provide RENEW During COVID-19

Creating Hope, Building Futures, Changing Lives

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Bucky Flores
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Agenda for Today’s Session

• RENEW Overview
• Adapting Practices & Systems for Tier III to a Remote environment
• Implementation Examples
  – Launching Emerging Adults Program (LEAP) Alternative program
  – Greater Nashua Mental Health
• Questions? Contact Heidi.Cloutier@unh.edu
Welcome!

Think about your biggest successes or concerns about youth/caregiver needs during Covid 19
Concerns:

• **High rates of:**
  – School dropout
  – Anti-social behavior
  – Trauma

• **Low rates of:**
  – Income and employment
  – Access to mental health services
  – Community and social supports
RENEW Theory of Change

Context:
Youth who are:

• Disengaged from home, school, and/or community
• Involved in mental health, child welfare, and/or, juvenile justice system
• Experiencing failure in school, home, and/or community

Facilitators Provide:
1. Personal futures planning including choice-making and problem-solving
2. Individualized team development and facilitation
3. Personally relevant school-to-career development, support, and progress monitoring

Shorter-Term Improvements In:

- Self-determination
- Capacity & Opportunity
- Student engagement and self-efficacy
- Behavioral, Cognitive, & Affective
- More effective formal and natural supports
- Source & Type

Longer-Term Improvements in:

- Emotional and Behavioral Functioning
- Educational Outcomes
- Employment
RENEW 4-Phase Process

Phase 1: Engagement and Futures Planning

Phase 2: Team Development Initial Planning

Phase 3: Implementation and Monitoring

Phase 4: Transition to Less Intensive Supports

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RENEW Maps

1. My History Map
2. Who Am I Today? Map
3. My Strengths & Accomplishments Map
4. My People & Resources Map
5. What Works and Doesn’t Work Map
6. My Dreams Map
7. My Fears, Challenges, and Barriers Map
8. My Goals Map
9. Next Steps Map
My Goals Map

- Goals This Year
  - Get my... Licence
  - Probation
  - Get a Job...
  - Nursing Certificate
  - Will Power
  - To Stay out of Trouble
RENEW Plan

• Align RENEW and Probation Goals
  ❑ Stay out of trouble- find new peers & activities to engage in
  ❑ Do well in school
  ❑ Follow curfew
  ❑ No drugs/alcohol
• Develop a Team to Support T.
  ❑ Her Best Friend
  ❑ Mom
  ❑ JPPO
  ❑ School Counselor & Favorite Teacher
• Advocate to her 504 team for extra help in class
Adapting Practices for Tier III to a Remote Environment
Adapting RENEW For Remote Support

- Phase 1: Engagement and Futures Planning
- Phase 2: Team Development Initial Planning
- Phase 3: Implementation and Monitoring
- Phase 4: Transition to Less Intensive Supports
Determine How & When the Meeting Will Happen

*Create a dedicated Google classroom, Schoology or Blackboard for individual students to maintain youth privacy
Virtual RENEW Slide Deck to facilitate RENEW through Virtual Learning or Telehealth
Teach the New Meeting Expectations

Zoom meeting, audio only

Zoom meeting with video

Meeting View Zone  Non-Meeting Zone
Phase II: Team Development/Personal Action Plan

My Long-Term Goal (Vision for Myself)

<table>
<thead>
<tr>
<th>Measurable Short-term Goal #1</th>
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We want to reach this goal by (date):

**Team Members:**

<table>
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<tr>
<th>Activities to Reach Goal #1</th>
<th>What Resources, Materials, or Support Do I Need?</th>
<th>Person(s) Responsible</th>
<th>Target Date:</th>
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Career Planning, Exploration & Community Connection

college  career  life
Systems

RENEW Facilitator Learning Portal

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Welcome to the RENEW Facilitator Training Portal!

This learning portal is organized in modules that include the materials, tools, assignments, and timelines you need to complete the training process as a RENEW Facilitator.

This portal includes tracking your progress toward achieving and retaining optional RENEW Facilitator Certification for your own professional development.

The Canvas platform is easy to use, and there are multiple types of support available should you encounter problems.

We are very excited that you are taking this path to provide RENEW to youth!

If you have any questions, please contact your RENEW Coach or Cat Jones at: cat.jones@unh.edu

or Kathy Fracassino at: kathryn.fracassino@unh.edu

or Heidi Cloutier at: heidi.cloutier@unh.edu

The UNH RENEW Team

Classroom Teacher documents: if a student has not made contact/engaged in learning in 3 days

Contact home
Phone, email, text, snail mail

if still no contact/engagement contact Tier III Team to request support

Tier III Team has 2 administrators make a home visit ensuring physical distancing to attempt contact; set eyes on youth/family

Evaluation

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Launching Emerging Adults Program (LEAP)
Alternative Program, Bucky Flores
Implementation Examples

Greater Nashua Mental Health, Larson Viljanen
Greater Nashua Mental Health, Larson Viljanen
Contact Information

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Thank you!

Like us on Facebook: www.facebook.com/IOD.RENEW

Follow us on Twitter: https://twitter.com/RENEW_IOD

RENEW website: www.renew.unh.edu

For further questions contact us at iod.renew@unh.edu
References


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• Gopalan, et al., 2010; Kataoka, Zhang, & Wells, 2002; McKay, et al., 2005; Walker & Gowan, 2010.

• Cullinan, & Sabornie, 2004; Lane, Carter, Pierson, & Glaeser, 2006.