The Next Chapter
Friendship to Sexuality

Presentation Objectives
Attendees will be able to describe:
• BAMSI PBS history and initiative Action Plan.
• Label our key indicators, universal supports and how they have evolved.
• BAMSI’s commitment to Pathways to Friendship.
• What BAMSI has done to promote safe human sexuality for its persons-served.

Brockton Area Multi-Services, Inc.
• BAMSI, Private non-profit, founded in 1975
• Annual budget $90 Million
• Over 2000 Employees
• Over 1200 staff in DDS programs trained in PBS supports

Key Indicators
• Reduce the use and duration of physical restraints.
• Increase opportunities for decision-making across all settings.
• Increase opportunities for communication in preferred modality inclusive of augmentative communication devices.
• Increase opportunities for community connections and meaningful relationships with members of the community.
Our Universal Supports

**Behavioral Awareness:** Develop behavioral expectations for all settings and review expectations with a frequency and in a manner understandable by the person served.

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Our Universal Supports

**Individualized Choice Making:** Individuals have opportunities to make meaningful choices within the context of daily life.

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Our Universal Supports

**Individualized Routines:** Individualized daily routines based upon personal preferences.

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Our Universal Supports

**Promoting Independence:** Assessment and inventory tools for communication preferences, assistive technology needs, and social/recreational interests will inform the use of environmental adaptation for increased independence in area(s) of daily living.

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Our Universal Supports

**Cognitive & Environmental Supports:** Communicate information to individuals in a manner(s) that is understandable and design environments with ease of access and visual supports.

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Our Universal Supports

**QUICs**

Quality of Universal Implementation Checklist

- Conducted by supervisory staff.
- Staff opportunity to showcase PBS skills.
- Intended to be teaching opportunity when needed.
- Reviewed at Leadership and Universal Team meeting.
- Results become part of data set on fidelity.
- App on iPhone
- Sent to QUIC@BAMSI.org
How QUICs Implemented

- One announced observation per staff per month.
- Ask staff for permission to conduct QUIC
- Immediate feedback - positive and corrective provided for each observation
- Staff and supervisor sign QUIC
- Supervisor to re-teach missed skill
- QUICs attached to supervision notes

North Brockton Day Program
Episodes of Physical Aggression By Year

Number of Occurrences By Year

Physical Aggressions

North Brockton Day Program
Episodes of Physical Aggression By Year

Number of Restraints by Year

Number of Restraints for 21 people served from 2011-2019

Targeted and Intensive Referral Form

Friendship
Katherine Driscoll
Director of Operations
And
Special Projects
**Pathways to Friendship**

- A collaborative initiative on social inclusion between, Department of Developmental Services (DDS), The Arc of Massachusetts, 25 Provider Organizations.
- Our partner in collecting information is CDDER, at the University of Massachusetts Medical School (UMMS).

**Collaboration**

Through consultation, training, and data collection, Pathways collaboration seeks to advance relationships and friendships among people with and without disabilities.

In 2019, BAMSI committed to advancing inclusion and tracking progress for all.

**Vision**

- The Key Is Belonging
- Letting go of old patterns
- Create opportunities for people to build real relationships and valued roles while making meaningful contributions in their neighborhoods
- Let’s be sure we are of the community, and not just in the community.

**Data Collection**

- Measuring individual opportunities for community membership and by Measuring the number of individual connections.

Expanded Friendship - A relationship with a non-paid, non-disabled, non-related person with whom they share common interest.

**Baseline Survey: Community Involvement**

How frequently does this person participate in this group/activity?

- 100% Daily
- 50% Daily - 75% Weekly
- 25% Weekly - 50% Monthly
- 5% Monthly - 25% Yearly
- 0% Rarely
Friendship Survey

Opportunity and Outcomes
- Enhance Social Capital.
- Build bridges.
- Be a positive gatekeeper in your community.
- Community Building and Connecting become key components of our work.
- Discovery or recovery of a new or enhanced life purpose for those we serve.

Sexuality
Kate Robery
Assistant Director
Of Operations

BAMSI Socialization and Sexuality Initiative
- Anchored in the agency PBS Action Plan.
- BAMSI has had socialization/sexuality policy since 2017

Who receives sexuality training?
- Persons served;
- Guardians, families, friends;
- BAMSI employees.
- Additional supportive educational resources and plans are provided to various fundine sources.

Mode of Education
- Classes tailored for the specific audience.
- All learning styles are accommodated.
- Education and trainings are both individualized and in group settings.
- Education and trainings are offered as stand-alone classes/workshops and as a series.
Review of Outcomes

- Assessments, evaluations, and progress notes/summaries and shared at the conclusion of the trainings.
- Universal assessments will be created and implemented in 2020.

Next Steps

- Socialization and Sexuality Education
  - Rainbow Support Group
  - Pathways to Friendship
- Community Involvement Survey
- PBS Visuals
- Trauma Informed Care