PARTNERING WITH STUDENTS THROUGH RESTORATIVE CONFERENCING

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TODAY’S PLAN

1. GATHERING & WELCOME
2. MINDSET & BELIEFS
3. RESPONSIVE LISTENING & SUPPORTIVE QUESTIONING
4. RESTORATIVE CONFERENCING
5. WRAP-UP & SYNTHESIS
1: Gathering & Welcome

Restorative Conferencing Note Catcher

My Adjectives
Self-Talk
2: Mindsets & Beliefs

Self Talk & Mantras

Self-Talk / Mantras

A little about beliefs
A LITTLE ABOUT BELIEFS...

MINDSET: WE STUDY STUDENTS LIKE THEY ARE A CAVE PERSON
...WE ALSO HAVE A TENDENCY TO ADMIRE PROBLEMS

MINDSET: STUDENT-CENTERED APPROACH

NOTHING ABOUT ME WITHOUT ME
RESPONSE TO INTERVENTION / TIERED INTERVENTION

Factors impacting personal change

THEORY: FACTORS OF CHANGE (THERAPEUTIC OUTCOMES)

Factors of Change and their Contribution to Successful Outcomes (Asay & Lambert, 1999)

- Intervention: 15.0%
- Chance: 15.0%
- Relationship: 30.0%
- Client variables and events outside of therapy: 40.0%

What we know about resilience
WHAT WE KNOW ABOUT RESILIENCE

Tiered model with supportive relationships as the foundation

RESPONSE TO INTERVENTION / TIERED INTERVENTION

Supportive Relationships with Adults in School (resilience)
Open Handout Packet to...

Page 18

“The Four F Words of Conflict Styles”

Which one best describes you?

Turn & Talk to a partner
RESTORATIVE SCHOOL CULTURE

3. Supportive Mindset & Responsive Listening
SUPPORTIVE MINDSET

• Kids displaying challenging behavior because…

• Kids skip school because…

• Kids fail classes because…

• Parents don’t return calls because…

Open Handout Packet to…

Page 5 “Promoting a Listening School”

What is important to remember here?
RESPONSIVE LISTENING

• “Listening is difficult because it involves suppressing your ego long enough to consider what is being said before you respond.”

RESPONSIVE LISTENING

Responsive Listening is... | Responsive Listening is not...
---|---
• Open | • About you!
• Understanding | • Closed
• Trust-building | • Defensive
• A problem-solving strategy | 
• Exhausting |
RESPONSIVE LISTENING

- Paraphrasing
- Asking open-ended questions
- Asking probing questions
- Using short verbal affirmations
- Displaying empathy
- Sharing similar experiences
- Recalling previously shared information

Non-Verbals

- Nodding
- Smiling
- Body language
- Eye contact
- Avoiding distracted movements

Where do restorative practices live & happen?

4. Restorative Conferencing

Where do restorative practices live & happen?
WHERE DO RESTORATIVE PRACTICES LIVE?

- Individual
- Student
- Pairs
- Small Group (6-10 students)
- Classroom
- Whole School

WHO IS AT THE TABLE?

- IT'S IMPORTANT TO CONSIDER...
  - STUDENT CHOICE & AGENCY
  - POWER DIFFERENTIALS (ROLES ARE SECONDARY)
  - STRATEGIC NUMBER OF PEOPLE (TOO MANY, TOO FEW)
  - MIX OF PERSONALITIES/APPROACHES
  - TIMING
  - ROOM ENVIRONMENT
  - HAVING A CLEAR PURPOSE FOR THE CONFERENCE
RESTORATIVE PRACTICES CONTINUUM

**PROMOTION & PREVENTION**

- Personal Check-ins
- Academic or Behavioral Check-Ins
- Classroom and Homebase Circles
- Problem Solving Circle
- Return Conference after Classroom Removal

**INTERVENTION**

- Problem Solving and Planning Conference
- Academic Turn Around Conference
- Student - Student and Teacher Mediation
- Bullying - Harassment Caucus and Conference
- Restorative Group Conferencing

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Focus for this presentation visual 28

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RESTORATIVE PRACTICES CONTINUUM

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- **Apologies**
- **Restorative Questions**

Academic or Behavioral Check-Ins overview 29
**In pairs/trios…**
- Read through the protocol
- Do a “talk-through” with a partner (pick a problem)

**Questions to consider**
- What was easy?
- What might be difficult?
- When could you use this?

**RESTORATIVE PRACTICES CONTINUUM**

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**Page 8-9 in Handout Packet**

**Page 19-22 in Handout Packet**
Parts of an Apology

Apology

1. What I did
2. Why what I did was wrong
3. What I will do to make it better

Open Handout Packet to...

Page 24
"Supportive vs Unsupportive Questions"

What are some other examples of “Unsupportive Questions”?
Whole group share-out
“Using the Seven Restorative Questions”

- What do you appreciate about restorative questions?
- When can you use them in your practice?
5. Wrap-Up & Synthesis

New insights and action items

New Insights & Action Items

Lingering questions
Three kinds of stress

Open Handout Packet to…

Page 26 “First Response to Behavior Concerns”

What is one you use?

What is one you’d like to use?
Three Kinds of Responses to Stress

**Positive:** brief increases in heart rate, mild elevations in stress hormone levels

**Tolerable:** Serious, temporary stress responses, buffered by supportive relationships

**Toxic:** Prolonged activation of stress response systems in the absence of protecting relationships