

MAY CENTER FOR ABA SERVICES

Applied Behavior Analytic Services for
Children With Autism Spectrum Disorder

MayInstitute
Shaping Futures. Changing Lives.



CENTER-BASED SERVICES
WILMINGTON, MASS.

MAY INSTITUTE

A national leader in the field of applied behavior analysis

Applied behavior analysis (ABA) is the application of the science of behavior analysis to socially significant problems and concerns.



THE MAY CENTER FOR ABA SERVICES

in Wilmington, Mass., provides “best practice” intensive center-based interventions to children with autism spectrum disorder (ASD).

Through research we know that intensive intervention during the early years has the best prognosis and fosters success for children with ASD. Our May Center specializes in center-based applied behavior analysis (ABA) therapy for these children.

The May Center provides meaningful learning opportunities that enable children with ASD to master critical skills and reduce problem behavior in their home or other familiar environments. Our services help children improve communication, social, and behavior skills; self-help skills; and learning skills such as imitation and attending. All services are individually designed for each child and family.

ABA: Effective and Individualized

Over the past several decades, ABA interventions have been used to help children and adults struggling with ASD, developmental disabilities, learning disabilities, and mental health concerns in many different settings including homes, schools, offices, and other community and residential settings.

ABA interventions have been found to be effective for increasing important skills such as communication, problem solving, and making and keeping friends as well as for reducing problem behavior such as tantrums and aggression.

Many applied behavior analysts work with individuals with autism spectrum disorder. In fact, behavior analytic interventions are the only treatment approach with a significant body of empirical support documenting its effectiveness (*National Standards Project, Phase 2, 2015*).

We use the principles of ABA to support individuals with autism and their families to:

- learn to communicate with and interact with others
- develop self-control and self-management skills
- learn skills of daily living such as dressing and using the bathroom
- learn to play independently and with others
- increase academic skills such as reading and math
- decrease challenging behavior such as self-injury or aggression
- build independence

CENTER-BASED SERVICES

ABA SERVICES IN OUR CENTER HELP CHILDREN BUILD SKILLS AND REDUCE PROBLEM BEHAVIORS.

These services target the core characteristics of ASD through interventions that focus on communication, social, play, and daily living skills.

We tailor instruction to be developmentally appropriate, and use materials, toys, and activities that are preferred by the child and family.

Providing evidenced-based services

- An initial comprehensive assessment to determine the strengths and challenges of the child
- Collaboration with the family to develop an individualized treatment plan
- Development of a behavior support plan to address challenging behaviors
- Individualized instruction based on the child's assessment and treatment objectives
- A daily schedule that includes developmental play and group activities, circle time, one-on-one instruction, and snacks and lunch
- Discrete trial and naturalistic instruction to teach social and adaptive behavior skills as well as toileting, eating, and dressing skills
- Real-time data collection in each session to evaluate the effectiveness of the interventions
- A learning environment to help prepare the child for the transition to a typical school day
- Oversight of all services by a Board Certified Behavior Analyst

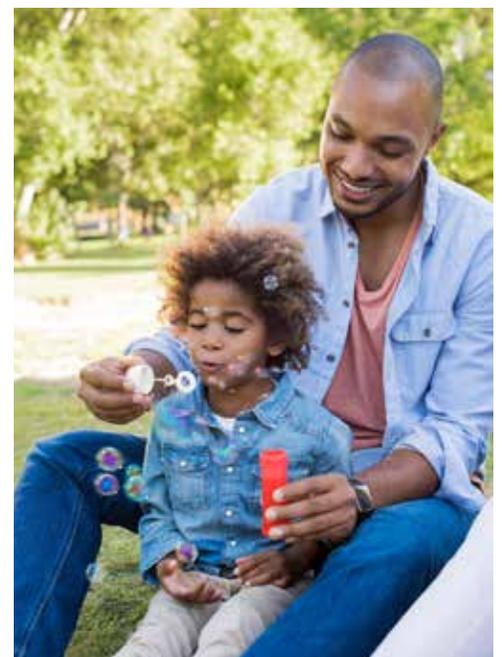
Working together with families

Parents whose children attend the center can receive parent training and consultation at the center or in their home. Parent consultation focuses on teaching parents to work with their children to reduce problematic behavior and generalize, or transfer, skills they learn at the center to their home setting.



“Within the first year after starting ABA, we had a much happier child. My dream for Michael — independence. We’re trying to give him all the skills he’ll need to succeed and be happy.”

–Tracy, May Center parent





“Our values and vision drive us to understand each person’s unique needs and find the most effective means to help each individual reach his or her potential.”

–Lauren C. Solotar, Ph.D.,
ABPP, May Institute
President and CEO

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Referrals and Information

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ABOUT MAY INSTITUTE

May Institute is a national leader in the field of applied behavior analysis, proudly serving individuals with autism spectrum disorder and other developmental disabilities, brain injury and neurobehavioral disorders, and other special needs.

Founded more than 60 years ago, we are a nonprofit organization that provides educational and rehabilitative services across the lifespan. We also provide consultation services to professionals, organizations, and public school systems.

The organization is one of the largest and most well-respected providers of autism services in Massachusetts and in the U.S. With corporate headquarters in Randolph, Mass., May Institute serves thousands of individuals and their families annually through more than 140 service locations.