

# May Institute

*Shaping Futures. Changing Lives.*



Excellence in Service, Training, and Research

Serving Individuals with Autism and Other  
Developmental Disabilities, Brain Injury, and  
Behavioral Healthcare Needs

*At May Institute, we make progress possible for children, adolescents, and adults with autism, brain injury, mental retardation, and behavioral healthcare needs.*

*Founded in 1955 in the seaside village of Chatham, Massachusetts, our organization has its roots in a family's vision of enabling children with disabilities to lead the fullest lives possible. Today, we are among the largest, most respected and innovative nonprofit behavioral healthcare organizations in the country.*

*Our values and vision drive us to understand each person's unique needs and find the most effective means to help each individual reach his or her potential. Great strides result only from the tireless work of a caring, highly skilled staff and our constant dedication to the highest standards.*



Walter P. Christian, Ph.D., ABPP  
President and Chief Executive Officer

**shaping futures.  
changing lives.**

## Blending Science with Service

For 55 years, the caring professionals of May Institute have set a national standard for providing comprehensive, research-based services to children and adults with autism and other developmental disabilities, mental retardation, brain injury, and behavioral healthcare needs. An award-winning national network of educational, behavioral, and rehabilitative programs, May blends science with service to help make progress possible for 25,000 individuals and their families each year.



### A broad range of clinical services

Based in Randolph, Massachusetts, the Institute offers a broad range of clinical services in more than 200 locations across the country, including home-based early intervention for infants and toddlers; programs for children and adolescents with autism and brain injury; counseling for adolescents and young adults; consultation in school settings; and geriatric day health services for senior adults with mental illness.

Because each child, adult, or family we serve has unique needs, May programs provide a variety of highly specialized services. We begin with a thorough and accurate assessment of each person's strengths, needs, and preferences.



Our different service models vary in intensity and length of care, responding to both short- and long-term needs. In each program, staff work closely with families and referral sources to build supports for successful transitions.

Our programs are designed to serve individuals in the most appropriate, natural settings, which are often our clients' homes, schools, and communities. We also have our own schools, providing day and residential services to children and adolescents.

**May Institute is the first non-profit human services organization in the country to receive top national honors from the Society for the Advancement of Behavior Analysis (SABA) and the Association for Behavioral and Cognitive Therapies (ABCT).**

🏆 *2007 Award for Enduring Programmatic Contributions in Behavior Analysis*

🏆 *2005 Outstanding Training Program Award*

service

## A national organization

Drawing on our many established service models, May Institute continues to develop new programs to meet the needs of individuals and families in the Northeast, Southeast, and on the West Coast. We often work in partnership with other organizations, pooling strengths and resources to develop the most effective services.

## Comprehensive consultation services

May Institute offers unique, comprehensive consultation services to public schools, educational collaboratives, hospitals, state service systems, private agencies, and other organizations. Our consultants work with school personnel and family members to coordinate and enhance educational programming for students with learning, cognitive, and behavioral challenges across a full spectrum of service options.

### A Partial List of Services

- Special Education
- Early Intervention
- Parent Education and Support
- Family Information and Advocacy
- School Consultation
- Home-Based Behavioral Services
- District-wide Positive Behavior Support (PBS)
- Positive Schools<sup>SM</sup>
- Outpatient Counseling
- Neurorehabilitation
- Community Living
- Job Training, Placement, and Support
- Psychosocial Clubhouses
- Crisis and Respite Care
- Psychiatric Services
- Research and Professional Development

As a partner to the National Technical Assistance Center on Positive Behavioral Interventions and Supports, we work with school systems to integrate proven behavior management techniques with pro-social skills development and academic instruction. Positive Behavior Support (PBS) results in fewer discipline problems, increased on-task engagement, more positive school climates, improved academic outcomes, and higher parent and community satisfaction. May Institute has implemented PBS in schools across the country.

## Serving military families

As one of the nation's largest providers of ABA services, we are committed to bringing our expertise to families in all branches of the military who have children with autism spectrum disorders. The Southeast Regional Autism Centers in Georgia and North Carolina provide services to families stationed at Fort Benning and at Camp Lejeune. Our newest Center in Texas serves families at Fort Hood and the surrounding area.





May Institute is an active center of research and training, maintaining affiliations with more than 55 universities, hospitals, and human service agencies worldwide. Our professionals have authored more than 340 publications and made over 1,700 presentations. We are dedicated to improving clinical understanding and creating new learning opportunities.

May Institute values both accountability and results. We use proven methods of treatment and teaching, based on the latest clinical research. Staff carefully track individual progress and adjust services to achieve desired goals.

research  
training



## Guided by Leading Experts

Committed. Capable. Caring. These are among the shared qualities that set our staff apart. Our services reflect the talent and expertise of our many doctoral-level staff and hundreds of highly trained teachers, therapists, and other specialists. Together, we bring our values and vision to life. We uniquely balance the human and clinical dimensions of care, instilling warmth and energy into all our services.

May Institute benefits from one of the greatest pools of expertise of any organization of our kind. Our staff and advisory board include world-renowned experts in fields ranging from autism to brain injury to behavioral healthcare.

### Leadership of Ph.D. and M.D. level clinicians

The Institute's leadership team and program directors include licensed and, in many cases, board certified psychologists or psychiatrists. They provide ongoing supervision and offer an invaluable resource for new program development.

### Committed to training and development

The consistent quality of our programs is a result of our extensive system of competency-based training for direct care service staff. Our Center for Professional Development allows staff to balance work and learning through a wide range of graduate degree and certificate programs and continuing education. May is accredited by the American Psychological Association to provide continuing education for psychologists and pre-doctoral internship training.

#### Professional Advisory Board

David H. Barlow, Ph.D., ABPP  
Roberta DePompei, Ph.D.  
Glen Dunlap, Ph.D.  
George DuPaul, Ph.D.  
Barry A. Edelstein, Ph.D.  
Judy E. Favell, Ph.D., BCBA-D  
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Karin Lifter, Ph.D.  
Marsha M. Linehan, Ph.D.  
O. Ivar Lovaas, Ph.D.  
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George Sugai, Ph.D.  
Beth Sulzer-Azaroff, Ph.D., BCBA  
Dave P. Wacker, Ph.D.  
Mark Wolery, Ph.D.



## Dedicated to Excellence

Helping individuals and families change their lives for the better demands an uncompromising commitment to the highest standards. As our national network of programs grows, our success comes from a dedication to excellence in all we do. Walk into any of our programs and you'll discover the same distinctive qualities: a caring and competent staff, the use of the most effective, research-based methods, an emphasis on individual choice, and a clear focus on results.

May Institute's Behavioral Health Services Division, for example, continues to create new resources for state-of-the-art treatment, from counseling centers to geriatric day programs to psychosocial clubhouses. In every program, staff follow specific, research-tested guidelines as they design and provide services. Our many unique programs regularly attract visiting researchers, educators, and professionals from around the world.



## Creating Lasting Impact

All our programs seek to make lasting contributions to the lives of individuals. Learning a new skill is just the first step. We measure effectiveness by how well people maintain skills and apply them in everyday situations and settings.



We strive to help individuals maintain the progress they achieve. We work with families, teachers, employers, and other important people in an individual's life to build supports for lifelong success.

**May Institute is the recipient of one of the largest and most comprehensive accreditations ever awarded by the Commission on Accreditation of Rehabilitation Facilities (CARF) for a network of behavioral programs.**

**CARF accreditation represents the highest level of compliance and is granted to organizations that exhibit substantial fulfillment of those standards established by the Commission.**



# lasting impact

### **May Institute Corporate Headquarters**

41 Pacella Park Drive  
Randolph, MA 02368  
781-440-0400

### **May Institute, Northeast Region**

#### **Massachusetts**

##### *Cape Cod*

722A Main Street  
Yarmouthport, MA 02675  
508-362-5647

##### *South Coast*

37 Purchase Street  
Fall River, MA 02720  
508-675-5888

##### *Greater Boston*

Northeast Regional Autism Center  
41 Pacella Park Drive  
Randolph, MA 02368  
781-440-0400

##### *Western Massachusetts*

1111 Elm Street, Suite 7  
West Springfield, MA 01089  
413-734-0300

##### *Connecticut*

360 Tolland Turnpike, Suite 2D  
Manchester, CT 06042  
860-643-9844

### **May Institute, Southeast Region**

#### **North Carolina**

Southeast Regional Autism Center  
P.O. Box 1108  
Jacksonville, NC 28541  
910-302-5429

#### **Georgia**

280 Interstate North Circle, Suite 430  
Atlanta, GA 30339  
770-956-8511

Southeast Regional Autism Center  
705 17th Street, Suite 401  
Columbus, GA 31901  
706-571-7771

#### **Florida**

1409 Kingsley Avenue, Suite 1A  
Orange Park, FL 32073  
904-269-0773

### **May Institute, Southwest Region**

May Center for Autism Spectrum Disorders  
P.O. Box 1169  
Killeen, TX 76540  
254-383-2085

### **May Institute, West Coast Region**

5400 Soquel Avenue, Suite F  
Santa Cruz, CA 95062  
831-432-9620

May Institute Pediatric Specialty Center  
393 Blossom Hill Road, Suite 201  
San Jose, CA 95123  
408-629-3050



#### **Executive Leadership**

Walter P. Christian, Ph.D., ABPP, ABPP  
*President and CEO*

Michael Milczarek, M.B.A.  
*Treasurer and CFO*

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Aubrey Macfarlane, LMSW  
*Chief Compliance Officer*

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Autism Services*