

May Institute Clubhouses

{Respect}



{Opportunity}



{Partnership}



MayInstitute
Shaping Futures. Changing Lives.

A Place to Begin Again

A clubhouse is a place where people with mental illness come to rebuild their lives. A clubhouse is a caring community—*not* an institution—where participants are members—*not* patients. A clubhouse is a unique and powerful partnership between staff and members who work together to create an environment of respect, opportunity, and hope—all contributing to the recovery process.

May Institute clubhouses in Attleboro, Fall River, Harwichport, Hyannis, and New Bedford, Mass., offer members the opportunity to participate in meaningful work, pursue education and employment, and have a safe place to develop friendships.

“
I think for all of us it is a starting place, a place where people can come with a clean slate and go forward.”

— BRIAN, CLUBHOUSE
MEMBER



{hope}

A Philosophy of Partnership

May Institute clubhouses operate under the philosophy of the “work-ordered day,” engaging members and staff together in running the clubhouse.

A clubhouse functions as a self-sufficient business where members and staff work side by side on a daily basis. They provide clerical and administrative support; shop for, prepare, and serve full course meals; and maintain the building and grounds of the clubhouse. This partnership produces powerful results.

Focusing on Strengths, Creating Success

At May Institute clubhouses, we focus on members’ strengths. We are dedicated to helping our members have successful experiences in areas where individuals recovering from mental illness often struggle. These areas include housing, education, psychiatric and medical care, socialization opportunities, and employment.

Housing Support

Clubhouses assist members with housing issues such as moving, obtaining subsidies, and resolving problems with landlords and roommates. We are committed to securing a range of choices of safe, clean, and affordable housing for all members.

SNAPSHOT OF SERVICES

- Prevocational work units
- Service coordination
- Supported and transitional employment
- Socialization opportunities
- Community integration supports
- Housing and entitlements
- Education supports
- Individual advocacy

{strength}





“
The clubhouse has helped me regain my self-esteem... it taught me how to concentrate, enabling me to finish my GED and now apply to college.”

— DEBBIE, CLUBHOUSE MEMBER

Education Support

We help members further their education by providing assistance with GED training, tutoring, vocational and college applications, and financial aid. We encourage members to further their vocational and educational goals by helping them take advantage of adult education opportunities in the community and beyond.

Psychiatric and Medical Support

We help members make psychiatric and medical appointments, and obtain substance abuse counseling, and health and wellness services in the community. We can help them arrange transportation to appointments, when needed.

Socialization Support

We recognize the importance of addressing the social needs of clubhouse members. On weekends, evenings, and holidays we offer a variety of extracurricular activities that help members develop and improve social skills. Members often go shopping, bowling, to the movies, and on summer outings together. These excursions combine the excitement of community interaction with the security of mutual support, and they give members a sense of confidence and self-esteem.

Workforce Support

For clubhouse members who are ready to enter or return to the workforce, we offer transitional and supported employment programs that help them choose and succeed at appropriate jobs in the community.

Transitional Employment: This program is a cooperative effort between members and staff that places members in paid, entry-level positions with participating companies. These placements allow members to ease into the working world by providing them with a direct connection to a job.

Typically, each placement lasts between six and nine months. During that time, members receive on-the-job training and job site visits from clubhouse placement managers. Members may move on to other placements until they are ready for a supported job.

Transitional employment is mutually beneficial to members and employers. For employers, the program provides enthusiastic, trained workers who work for prevailing wages. If a member needs to be absent, another member or a staff worker will fill in. When a member moves to another assignment, the clubhouse trains his or her replacement.

Supported Employment: This program combines aspects of both transitional employment and independent employment. Supported employment is designed

“
The clubhouse has taught me teamwork, something I never learned anywhere else. Here, I have co-workers. The give and take between us is invaluable.”

— ROBERT,
CLUBHOUSE MEMBER



to offer ongoing support to members who are seeking or have moved into more permanent employment. Support may include help with applications, writing resumes and cover letters, and mock interviews.

After members find work, they receive support in the form of periodic check-ins, monthly

dinner, and other assistance, as needed. The clubhouse is always available via phone and through visits on nights and weekends for members who are independently employed.



A History of Success

“Psychosocial rehabilitation” clubhouses got their start nearly 60 years ago when a group of people with mental illness joined together to help each other with recovery. They hired professional staff who helped them find their way back into the world as respected members of society.

Today, there are over 400 clubhouses in 30 countries serving approximately 55,000 men and women recovering from mental illness.

Over the past 15 years, May Institute clubhouses have demonstrated that people with mental illness can successfully live and work in the community. Key to this success is an environment of support, acceptance, and commitment to the potential contribution and success of each individual regardless of the severity of his or her illness.

“
The Cove Clubhouse employment program is not only good for all the people, it's really good for business... the clubhouse members' contribution is huge... in my 10-12 years here, they have contributed enormously to this store.”

— BILL JOHNSON, STORE
MANAGER AT SUPER STOP &
SHOP IN ORLEANS, MA

{success}



“
The collaboration between members, staff, and administration is at the heart of the clubhouse recovery process. By providing opportunities and options, we have created an environment of success where members can achieve their goals. Since 1980, it has been my privilege to witness hundreds of members attain true recovery and to share in the joy of that experience.”

—STEPHEN D. MERRILL, M.S., LICSW
MAY INSTITUTE'S VICE PRESIDENT OF BEHAVIORAL HEALTH SERVICES

Partners in Achieving Excellence

All May Institute clubhouses follow the International Center for Clubhouse Development (ICCD) standards for clubhouse programs. These standards were developed to assure quality programming and measure effective outcomes. As an original member of both the ICCD and the Massachusetts Clubhouse Coalition, May Institute has continually participated in the development and enhancement of clubhouse services. With five operating clubhouses, the Institute is the largest provider of clubhouse services in Massachusetts.

To Learn More

All May Institute clubhouses accept referrals from various sources including the Massachusetts Department of Mental Health (DMH), Massachusetts Rehabilitation Commission (MRC), hospitals, clinicians, and psychiatrists. We also take self-referrals. Clubhouse membership is open to adults with severe and persistent mental illness. All clubhouses are funded by the DMH Metro-Southeast Area and supported by the MRC.

May Institute Clubhouses

Baybridge

278 Main Street
Hyannis, MA 02601
508-778-4234

Corner Club

247 Maple Street
Attleboro, MA 02703
508-431-4100

Cove Club

383 Route 28
Harwichport, MA 02646
508-432-7774

Heritage House

9 South Sixth Street
New Bedford, MA 02740
508-984-4300

Towne House

51 Purchase Street
Fall River, MA 02720
508-674-5716



{potential}

About May Institute

May Institute is a nonprofit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and behavioral health needs.

Over the past 55 years, May Institute has evolved into an award-winning national network that serves over 25,000 individuals and their families annually at nearly 200 service locations across the country.

800.778.7601 • www.mayinstitute.org



Member of the
International Center for
Clubhouse Development

