

About May Institute

Geri-Day is a program of May Institute, an award-winning network of educational, behavioral, and rehabilitative programs that make progress possible for individuals with special needs.

For 50 years, the caring professionals of the Institute have set a national standard for providing comprehensive, research-validated services to children and adults with autism, brain injury, mental retardation, pervasive development disorder (PDD), and behavioral healthcare needs.

An active center of research and training, May Institute maintains affiliations with more than 40 universities, hospitals, and human service agencies worldwide, and has a Professional Advisory Board comprised of many leading authorities in the field.

FOR MORE INFORMATION:

800-778-7601

www.mayinstitute.org

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Ger-i-Day Adult Day Health Program
2020R Centre Street, West Roxbury, MA 02132

GERI-DAY ADULT DAY HEALTH PROGRAM



Providing mental health, medical,
and social services to older adults

WEST ROXBURY, MASSACHUSETTS

“Geri-Day provides a life of purpose and dignity. It is the only place where I feel my sister is truly loved and cared for.”

—Family Member

“I am so grateful I have this wonderful place to come everyday. It’s a program that is full of life!”

—Program Participant

“Geri-Day is a unique program that reaches an underserved population. Seeing progress in our participants is gratifying to staff and family members.”

—Maria Russo, Program Director

The Geri-Day Program at May Institute Behavioral Health Services

is a comprehensive, certified adult day health program for older adults with mental and physical disorders who live in the Greater Boston area. Since 1978, Geri-Day has provided mental health, medical, and social services to these individuals, enabling them to lead healthy, productive lives in the community. The program also provides respite and support services for families and caregivers.

Promoting Independent Living

Geri-Day participants are valued as mature



individuals who know their own needs and can make their own choices. The program encourages participation—from daily planning, to individual hobbies, to group activities.

Guided by the principles of psychosocial rehabilitation which encourage flexibility and responsiveness, the Geri-Day program addresses the constantly changing needs of the people it serves.



Comprehensive Services

Geri-Day services include:

- Skilled nursing
- Health and pharmacology education
- Treatment plan evaluations
- Nutritional counseling
- Advocacy
- Daily community meetings and group therapy
- Arts and leisure activities (music, films, bingo)
- Skill-building activities, including self-care
- Breakfast and lunch in a group setting
- Transportation and trips

In addition, adults in the Geri-Day program have full access to all May Institute programs and services including diagnostic assessments, medication management, substance abuse treatment, and housing support.

Multidisciplinary Staff

The Geri-Day program benefits from the expertise of a multidisciplinary staff. Team members include a program director, social worker, activities coordinator, and registered nurses. Students and volunteers also assist the staff.



Fees and Information

Geri-Day is a certified adult day health program, available to eligible veterans and Medicaid recipients. Self-pay is also accepted. Geri-Day is a member of the Massachusetts Association for Adult Day Health Services.

For more information, please contact:

Jodi Fletcher

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Geri-Day Adult Day Health Program

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Program Hours:

Monday–Friday from 8 a.m. to 4 p.m.